

Tomato Basil Soup

Instructions:

- 1. In a large saucepan, heat olive oil on medium-high heat.
- 2. Add onions, garlic, salt, and pepper.
- 3. Sauté until tender, about 10 minutes (a little color won't hurt).
- 4. Add tomato paste to the mixture and cook another 5 minutes.
- 5. Add tomatoes, broth, and herbs. Bring to a simmer and cook for 20 minutes.
- 6. Blend using an immersion or stationary blender.
- 7. Add cream and blend again, being careful not to over blend.
- 8. Serve with your favorite grilled cheese sandwich.

Ingredients:

- 1 cup medium diced onion
- 3 garlic cloves, minced
- 2 (14.5 oz) cans diced tomatoes
- 3 oz. tomato paste
- 1 cup chicken or vegetable broth
- 2 cups heavy cream
- 2 tbsp. Italian seasoning
- 2 tbsp. fresh basil, finely chopped
- 2 tbsp. fresh herbs (parsley, thyme, rosemary), finely chopped
- 2 tbsp. extra virgin olive oil
- 1 tsp. ea. salt & pepper

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